

Hot Hair and Makeup for the Holidays



Want to have the glamour and glitz of a soap opera diva this holiday season? *SOU* went to the hair and makeup specialists at *LOVING* to find out how they help the stars shine their brightest during this special time of year, and they agreed to share their secrets with you. Follow these tips for your next party and we guarantee you'll even outsparkle the tinsel!

for hair

For everyday wear, hair expert Joyce Carollo recommends starting the day with a shampoo and conditioner. Use styling lotion as opposed to mousse, which can be very drying. When styling the hair, Joyce recommends brushing the hair into place using a wig brush, which is very gentle on the hair.

For the holidays, Carollo suggests experimenting with hair pieces. "It's fun, it's different," she says. "You can really achieve a dramatic and festive look."

When he normally styles Catherine Hickland's (Tess) hair for the show, hair technician Russell Latham teases it lightly at the base and uses hot rollers, even when she wears it straight.

For the holiday look, hair is teased heavily and put up in "cascade, retro, ballroom-looking curls," instructs Latham. The hair in the front is left natural, with wisps hanging down to frame the face. In general, Latham advises that holiday hair should reflect the festive mood of the season. "Always try to depart from your regular hairstyle," he says. "Bump up your hair just like you bump up your attire." Latham says the most common mistake people make around the holidays is a mismatch of hair and outfit. "Don't put on your holiday dress and leave your hair flat and natural," he says. "Don't be scared to tease and curl and spray your hair. Once you put on your makeup and your dress, it works."



for the face

Makeup artist Cynthia Faye has these five tips to look holiday-hot:

1. "Eyelashes are a must," she says. Faye suggests experimenting with false eyelashes — "but nothing right out of the package. Take scissors and cut them." There are many different ways to use them. Faye recommends either putting a whole strip on the top lid at the base of the lashes, or putting a few individual lashes at the outer corners of the eye, on top and bottom. Eyelashes really make eyes sultry, seductive — perfect for locking gazes across a crowded room!
2. If you have a beauty mark like the one Laura Sisk (*Ally*) has by her lip, flaunt it! Faye suggests coloring it in black or dark brown to achieve that soap star "glam."
3. The holidays call for your slinkiest low-cut dress. Faye recommends brushing a powder with gold glitter on your chest to really add sizzle!
4. To help smooth out your complexion, she suggests using an underbase veil. Similar to a moisturizer, the fluid is worn under your normal foundation. Your skin will appear flawless.
5. To compliment the bright colors of holiday clothes, lipstick gets bolder. "If you're somebody who likes red, go for it!" advises Faye. But if you're still too shy, she says that a very muted, natural mouth works too.

"During the holidays, it's important to play with a little bit more," Faye says. Take a little more time with your makeup than you normally would. The key word: blend. "A dot, a dash, catches your eye, but it's not obvious." Most importantly: Have fun! •

Next issue: Look for more tips on how you can look like a soap stars... plus, how you can buy the same makeup they wear!