

# Coif-y Talk

While on a Hawaiian holiday with husband John James and family, Jess Walton (Jill, *YOUNG AND RESTLESS*) took off her scuba gear long enough to discuss hair.

**Digest:** Is your hairstyle more a reflection of you or your character?

**Jess Walton:** It's a combination of both. The style is maybe a little less-ornate than Jill would do, less done. I'm trying to keep Jill current-looking. I don't want her to turn into

erally speaking, men love long hair, so I suppose they respond well to it.

**Digest:** How do you do your hair in real life?

**Walton:** I *don't* do my hair in real life! It's generally up in a ponytail with a baseball cap.

**Digest:** How do you



and dry it. And then he goes over the entire head a second time.

**Digest:** How do you feel about big hair?

**Walton:** No. You are not asking me that question

*"I'm trying to keep Jill current-looking. I don't want her to turn into a dowager any sooner than she has to!"*

a dowager any sooner than she has to!

**Digest:** How does the opposite sex respond to your hair?

**Walton:** How does the opposite sex respond to my hair? I don't know how they respond to my hair.

**John James** (*chiming in*): Men love it!

**Walton** (*laughing*): Gen-

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**Digest:** How do you do your hair in real life?

**Walton:** I *don't* do my hair in real life! It's generally up in a ponytail with a baseball cap.

**Digest:** How do you

[*laughs*]. I hate big hair!  
**Digest:** Why do you hate big hair?

**Walton:** Because you bump into the doorways and you get caught in the chandeliers on the set when you're as tall as I am and wear that big hair! □

By Russell  
Patrick Latham

## A Big Tease

Invented by Jess Walton: a new hair-teasing technique. And she's sharing it here. Walton explains, "I take a cordless Braun butane curling iron with teeth, and I heat it up and then use it as a teasing comb. I tease the base of my hair as tightly as I can all over my head and let it cool. With my texture of hair, I don't brush through it; I finger it out into shape. The

heat seals the teasing into the base of my hair, and then the lift I want lasts forever. For my hair on the show, we'll tease the hair section by section. And after a section is tightly teased with the hair wand, we'll take the section just teased and immediately roll that section up in a hot curler. After it has all cooled down, we'll finger the hair into its style."